

Appendix to NutriSTEP[®] Webcast Presentation

June 24, 2009

York Region-Fall 2008

- 11 'high-risk' schools (90% ESL)
- Overall 1200 screened-dental, vision, developmental and nutrition
- 636 completed NutriSTEP[®] on-site, 70 more returned to school / 22% high risk
- Educational resource needs identified-resources to be developed, translated, posted online www.york.ca
- Appropriate use of nutrition staff resources

Thunder Bay-2009

- Ongoing component of Fair Start Program
- JK/SK registration packages in Feb 09
- 1000-1500 kids in two school boards
- Education component-4 page booklet
- Developing NutriSTEP[®] database for local surveillance

- Training of HBHC PHNs and Lay Home Visitors

More Sites Evaluating and Using NutriSTEP® ...2009

- Other Health Units
 - Chatham-Kent
- Models for primary health care settings
 - Perth District Health Unit and Stratford Family Health Team (FHT), early years screening clinics
 - Hamilton FHT, 13 practices (HSO)
 - Pediatricians' offices, well child visits (HSC Target Kids Longitudinal Study)
 - Calgary Health Region primary health care/well child/immunization clinics

Chatham

- Pilot in Best Start hub-Nov 08 and still in progress
- 95 screens: 30% (n=18) high/mod risk, 70% low risk
- High risk referred to contracted FHT RD-22% referred, 25% refusal rate (direct referral by PHU RD)
- Promoting 4 workshops to all parents-nutrition for tots, picky eaters, budgeting and physical activity
- Parent follow-up calls underway
- Issues: RD vs non-RD administrator; time constraints, target populations participating
- Plans to expand in other sites e.g. FHTs, schools

Stratford and Hamilton

- Office managers handing out materials
- RDs reviewing all screens, follow-up with high risk referrals
- U of G calls to parents under way
- RDs evaluated 5 draft Preschool Nutrition Primers for RDs (training resources for high risk referrals)
- Issues: data entry, staff turnover (NP, RDs), promotion, consent form, time consuming, buy-in from office receptionists, RDs

Toronto

- Part of longitudinal study (summer 2013) in 6 pediatricians' offices, well child visits
- Adding more physician groups
- Screening 1-5 years of age with NutriSTEP[®]
- Wt, ht, waist circumference, BP, parent's wt, ht, WC, blood work possibly
- 1620 completed – 40-50% preschool age
- 15-20% moderate/high risk (including toddlers)
- No education component except MD

Calgary

- Parents attending preschool well-child vaccination clinics
- 438 completed screens (36% participation rate) over a 5 month period
- 412 follow-up questionnaires completed by parents - screen easy and helpful
- Staff surveys-clerks and nurses- ↑workload
- Managers - easy to implement in their setting
- Physicians considered preschool nutrition screening important, and that the health centre was the best location for the screening